## GYMNASTICS AND CHEERLEADING ACADEMY

## ACKNOWLEDGEMENT, WAIVER AND RELEASE

Precautions for the COVID 19 virus caused Gymnastics and Cheerleading Academy, LLC to suspend its activities temporarily. As the gym at 85 Mill Plain Rd, Fairfield, CT reopens, new procedures and policies will be required.

The virus will be a factor in everyone's life for some time to come, and there is no assurance that our precautions will prevent the virus from spreading. We are taking steps to reduce that risk, and we will adapt our procedures as circumstances may change, consistent with operating the gym for the education and enjoyment for your children.

If they wish, parents may leave their children at the building entrance, remain outdoors, and pick them up from the building exit. Parents required to wear masks and practice social distancing everywhere on the premises. In addition, we will only allow one parent, with a mask, per family, to enter the building. No one whose temperature that exceeds 100 degrees will be allowed to enter the building. We will be using non-contact thermometer. Any person above that reading will have to leave the premises immediately.

To teach gymnastics safely and effectively, clear oral instructions and attentive spotting are essential. For that reason, our staff may elect not to wear a mask, although children are permitted to do so. Further spotting will require our staff to physically guide children through their routines, so touching will be inevitable.

To permit and acknowledge Gymnastics and Cheerleading Academy, LLC, to conduct its gymnastics classes in this fashion and release it from all liability relating to COVID 19, whether relating to you, your children, or other family members, please sign below.

Childs name	
Parents/Gaurdian printed	
Parent/Gaurdian signature	
Date:	